http://manuarpiace.com/download/nonda-vii/301-90-90-fepair-manuar/

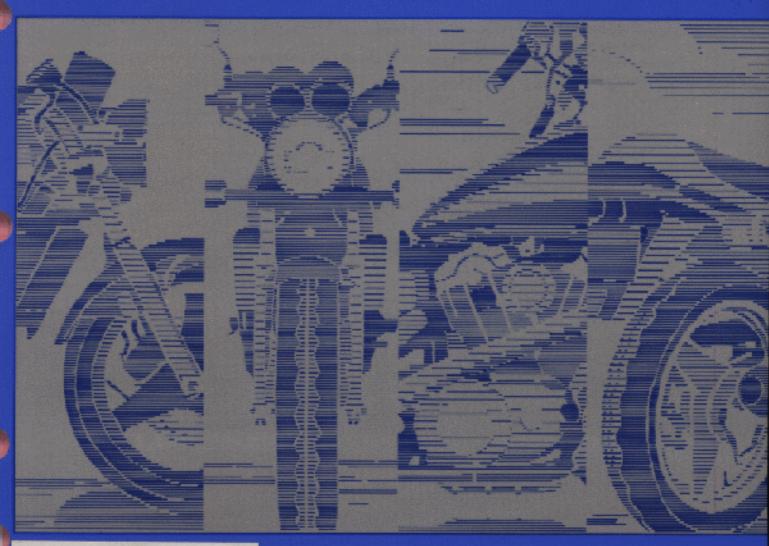
# 90-96 VFR 750F Service Manual

This manual is provided FREE of charge and should be distributed to as many VFR owners you know! I decided to scan this manual because, though most mechanics are very efficient, I found some to be incompetent, and wanted to be able to check their work. This manual cost me \$60, which I know some people can't afford. I think human lives are worth more than \$60. In my opinion, this manual should have come with the bike in the first place!!!

This is page is obviously not in the original service manual. All other pages are exactly as printed. Honda included several updated pages to this manual when I purchased it. These updates are included. If Honda has made any amendments/updates to this manual since November 1997.

They are not included in this digitized manual.

# SERVICE MANUAL



90-96 VFR750F

61MT406

# **Important Safety Notice**

AWARNING Indicates a strong possibility of severe personal injury or death if instructions are not followed.

Indicates a possibility of equipment damage if instructions are not followed. **CAUTION:** 

NOTE:

Gives helpful information.

Detailed descriptions of standard workshop procedures, safety principles and service operations are not included. It is important to note that this manual contains some warnings and cautions against some specific service methods which could cause PERSONAL INJURY to service personnel or could damage a vehicle or render it unsafe. Please understand that those warnings could not cover all conceivable ways in which service, whether or not recommended by Honda, might be done or of the possibly hazardous consequences of each conceivable way, nor could Honda investigate all such ways. Anyone using service procedures or tools, whether or not recommended by Honda, must satisfy himself thoroughly that neither personal safety nor vehicle safety will be jeopardized by the service methods or tools selected.

#### Introduction

This service manual describes the service procedures for the VFR750F.

This Model Specific Manual includes every service procedure that is of a specific nature to this particular model. Basic service procedures that are common to other Honda Motorcycles/Motor Scooters/ATVs are covered in the Common Service Manual. This Model Specific Service Manual should be used together with the Common Service Manual in order to provide complete service information on all aspects of this motorcycle.

Follow the Maintenance Schedule (Section 3) recommendations to ensure that the vehicle is in peak operating condition and the emission levels are within the standards set by the U.S. Environmental Protection Agency and the California Air Resources Board.

Performing the first scheduled maintenance is very important. It helps compensate for the initial wear that occurs during the break-in period.

Sections 1 through 3 apply to the whole motorcycle, while sections 4 through 19 describe parts of the motorcycle, grouped according to locations.

Find the section you want on this page, then turn to the table of contents on the first page of that section.

Most sections describe the service procedures through a system illustration. Refer to the next page for details on how to use this manual.

If you don't know the source of the trouble, go to section 20 TROUBLESHOOTING.

All information, illustrations, directions and specifications included in this publication are based on the latest product information available at the time of approval for printing. Honda Motor Co., Ltd. reserves the right to make changes at any time without notice and without incurring any obligation whatever. No part of this publication may be reproduced without written permission. This manual is written for persons who have acquired basic knowledge of maintenance on Honda motorcycles.

#### Contents

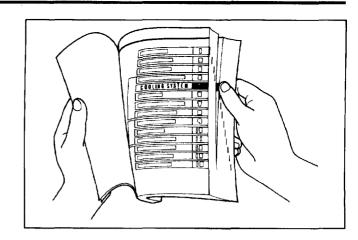
	General Information	1
	Body Panels/Exhaust System Sub Frame	2
	Maintenance	3
	Lubrication	4
_	Cooling System	5
Engine and Drive Train	Fuel System	6
Drive	Engine Removal/Installation	7
and	Cylinder Head/Valves	8
ngine	Clutch System	9
<u> </u>	Gearshift Linkage	10
	Crankshaft/Piston/Transmission	11
S	Front Wheel/Suspension/Steering	12
Chassis	Rear Wheel/Suspension	13
0	Brakes	14
	Charging System/Alternator	15
	Ignition System	16
rical	Electric Starter/Starter Clutch	17
Electr	Lights/Meters/Switches	18
	Wiring Diagram	19
	Troubleshooting	20
	Index	21

HONDA MOTOR CO.,LTD. SERVICE PUBLICATIONS OFFICE

### How to Use This Manual

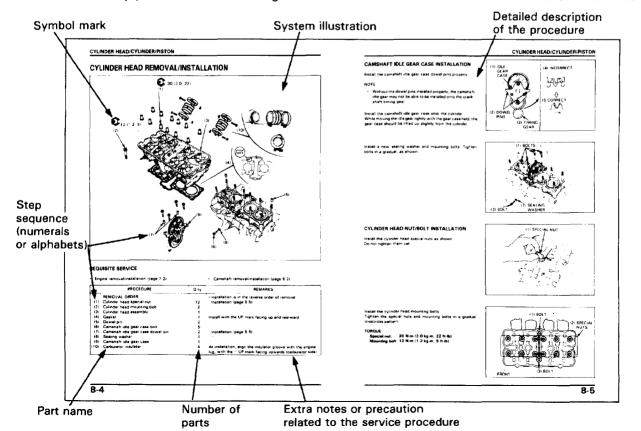
#### **Finding Information You Need**

- This manual is divided into sections which cover each of the major components of the motorcycle.
  - To quickly find the section you are interested in, the first page of each section is marked with a black tab that lines up with one of the thumb index tabs before this page.
  - The first page of each section lists the table of contents within the section.
  - Read the service information and troubleshooting related to the section before you begin working.
- An index of the entire book is provided in the last chapter to directly locate the information you need.



#### Note on the Explanation Method of This Manual

- The removal and installation of parts are for the most part illustrated by large and clear illustrations that should provide the reader with visual aid in understanding the major point for servicing.
- The system illustrations are augmented by callouts whose numbers or letters indicate the order in which the parts should be removed or installed.
- The sequence of steps represented numerically are differentiated from the ones represented alphabetically to notify the reader that they must perform these steps seperately.
- For example, if the steps prior and up to camshaft removal are performed with the engine installed, but the subsequent steps like cylinder head removal require engine removal, the callouts are grouped in numerical and alphabetical orders.
- The illustrations may contain symbol marks to indicate necessary service procedures and precautions that need to be taken. Refer to the next page for the meaning of each symbol mark.
- Also in the illustration is a chart that lists information such as the order in which the part is removed/installed, the name of the part, and some extra notes that may be needed.
- Step by step instructions are provided to supplement the illustrations when detailed explanation of the procedure is necessary or illustrations alone would not suffice.
- Service procedures required before or after the procedure described on that particular page, or inspection/adjustment procedures required following the installation of parts, are described under the title Requisite Service.
- · Standard workshop procedures and knowledge covered in the Common Service Manual are abbreviated in this manual.



# **Symbols**

The symbols used throughout this manual show specific service procedures. If supplementary information is required pertain-

	Replace the part(s) with new one(s) before assembly.
S TOOL	Use special tool
O.P. TOOL	Use optional tool. Use the same procedure you use to order parts.
0 (1.0, 7.2)	Torque specification. 10 N·m (1.0 kg-m, 7.2 ft-lb)
701	Use recommended engine oil, unless otherwise specified.
Vio DIL	Use molybdenum oil solution (mixture of the engine oil and molybdenum grease in a ratio of 1:1).
GREASE	Use multi-purpose grease (Lithium based multi-purpose grease NLGI #2 or equivalent)
	Use molybdenum disulfide grease (containing more than 3% molybdenum disulfide, NLGI #2 or equivalent)  Example: Molykote® BR-2 plus manufactured by Dow Corning, U.S.A.  Multi-purpose M-2 manufactured by Mitsubishi Oil Japan
FEMPH	Use molybdenum disulfide paste (containing more than 40% molybdenum disulfide, NLGI #2 or equivalent)  Example: Molykote® G-n Paste manufactured by Dow Corning, U.S.A.  Honda Moly 60 (U.S.A. only)  Rocol ASP manufactured by Rocol Limited, U.K.  Rocol Paste manufactured by Sumico Lubricant, Japan
FSH	Use silicone grease
LOCK	Apply a locking agent. Use a middle strength locking agent unless otherwise specified.
AI SEAL O	Apply sealant

Use brake fluid, DOT 3 or DOT 4. Use the recommended brake fluid, unless otherwise specified.

Use Fork or Suspension Fluid.

# 1. General Information

General Safety	1-1	Lubrication & Seal Points	1-25
Model Indentification	1-3	Cable & Harness Routing	1-29
Specifications	1-5	Emission Control Systems	1-42
Torque Values	1-16	Emission Control Information Labels	1-44
Tools	1-23	(U.S.A. only)	

# **General Safety**

#### Carbon Monoxide

If the engine must be running to do some work, make sure the area is well ventilated. Never run the engine in an enclosed area.

#### AWARNING

 The exhaust contains poisonous carbon monoxide gas that can cause loss of consciousness and may lead to death.

Run the engine in an open area or with an exhaust evacuation system in an enclosed area.

#### Gasoline

Work in a well ventilated area. Keep cigarettes, flames or sparks away from the work area or where gasoline is stored.

#### A WARNING

 Gasoline is extremely flammable and is explosive under certain conditions. KEEP OUT OF REACH OF CHILDREN.

#### Hot Components

#### **A** WARNING

 Engine and exhaust system parts become very hot and remain hot for some time after the engine is run. Wear insulated gloves or wait until the engine and exhaust system have cooled before handling these parts.

#### Used Engine/Transmission Oil

#### **A** WARNING

 Used engine oil (or transmission oil in two-strokes) may cause skin cancer if repeatedly left in contact with the skin for prolonged periods. Although this is unlikely unless you handle used oil on a daily basis, it is still advisable to thoroughly wash your hands with soap and water as soon as possible after handling used oil. KEEP OUT OF REACH OF CHILDREN.

#### **Brake Dust**

Never use an air hose or dry brush to clean brake assemblies. Use an OSHA-approved vacuum cleaner or alternate method approved by OSHA, designed to minimize the hazard caused by airborne asbestos fibers.

#### **A**WARNING

 Inhaled asbestos fibers have been found to cause respiratory disease and cancer.

#### **Brake Fluid**

#### CAUTION

 Spilling fluid on painted, plastic or rubber parts will damage them. Place a clean shop towel over these parts whenever the system is serviced. KEEP OUT OF REACH OF CHILDREN.

#### Coolant

Under some conditions, the ethylene glycol in engine coolant is combustible and its flame is not visible. If the ethylene glycol does ignite, you will not see any flame, but you can be burned.

#### **AWARNING**

- Avoid spilling engine coolant on the exhaust system or engine parts. They may be hot enough to cause the coolant to ignite and burn without a visible flame.
- Coolant (ethylene glycol) can cause some skin irritation and is poisonous if swallowed. KEEP OUT OF REACH OF CHILDREN.
- Do not remove the radiator cap when the engine is hot. The coolant is under pressure and could scald you.
- Keep hands and clothing away from the cooling fan, as it starts automatically.

If it contacts your skin, wash the affected areas immediately with soap and water. If it contacts your eyes, flush them thoroughly with fresh water and get immediate medical attention. If it is swallowed, the victim must be forced to vomit then rinse mouth and throat with fresh water before obtaining medical attention. Because of these dangers, always store coolant in a safe place, away from the reach of children.

#### **Nitrogen Pressure**

For shock absorbers with a gas-filled reservoir:

#### **A** WARNING

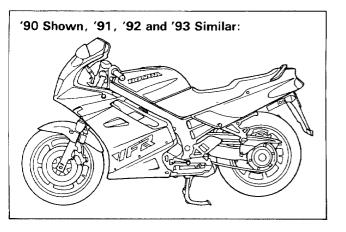
- The shock absorber contains nitrogen under high pressure. Allowing fire or heat near the shock absorber could lead to an explosion that could result in serious injury.
- Failure to release the pressure from a shock absorber before disposing of it may lead to a possible explosion and serious injury if it is heated or pierced.

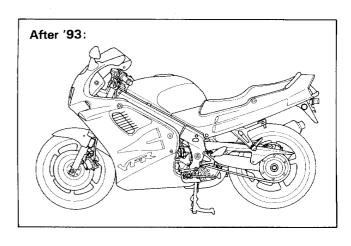
#### **Battery Hydrogen Gas & Electrolyte**

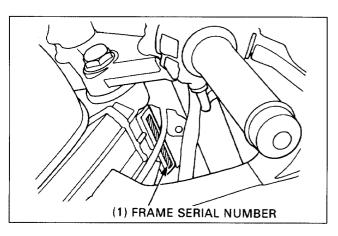
#### AWARNING

- The battery gives off explosive gases; keep sparks, flames and cigarettes away. Provide adequate ventilation when charging.
- The battery contains sulfuric acid (electrolyte).
   Contact with skin or eyes may cause severe burns. Wear protective clothing and a face shield.
  - If electrolyte gets on your skin, flush with water.
  - If electrolyte gets in your eyes, flush with water for at least 15 minutes and call a physician.
- Electrolyte is poisonous.
  - If swallowed, drink large quantities of water or milk and follow with milk of magnesia or vegetable oil and call a physician. KEEP OUT OF REACH OF CHILDREN.

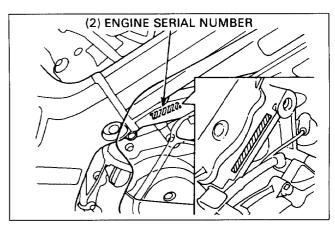
## **Model Identification**



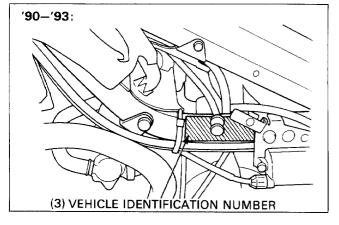




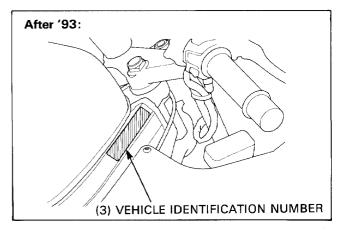
The frame serial number is stamped on the right side of the steering head.



The engine serial number is stamped on the right side of the crankcase.

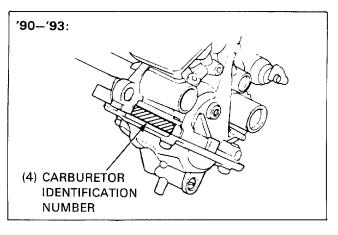


The Vehicle Identification Number (VIN) is located on the left side of the frame down tube.

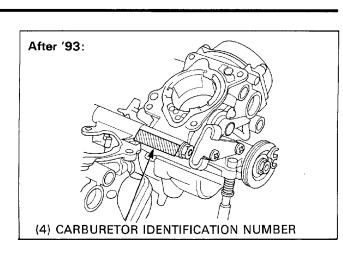


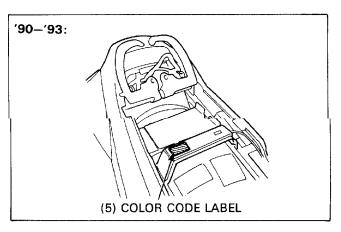
The Vehicle Identification Number (VIN) is located on the right side of the main frame.

#### **General Information**

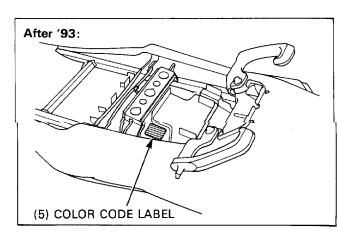


The carburetor identification number is stamped on the intake side of each carburetor body.





The color code label is attached on the upper rear sub frame tube cross member under the seat. When ordering a color coded part, always specify its designated color code.



The color code label is attached on the rear fender under the seat. When ordering a color coded part, always specify its designated color code.

# **Specifications**

— General -	Item	Specifications
Dimensions	Overall length '90-'93:	2,180 mm (85.8 in)
	After '93:	
	Overall width '90-'93:	
	After '93:	
	Overall height	1,185mm (46,7 in)
	Wheelbase	1,470 mm (57.9 in)
	Seat height	800 mm (31.5 in)
	Footpeg height	350 mm (13.8 ih)
	Ground clearance	130 mm (5.1 in)
	Dry weight '90-'93:	216 kg (476 lbs)
	After '93: (49 state type)	211 kg (465 lbs)
	(California type)	I
	(Canada type)	210 kg (463 lbs)
	Curb weight '90-'93:	240 kg (529 lbs)
	After '93: (49 state type)	237 kg (523 lbs)
	(California type)	
	(Canada type)	236kg (520 lbs)
	Maximum weight capacity '90-'93:	189 kg (417 lbs)
	After '93:	-
	(49 state/California type)	175 kg (386 lbs)
	(Canada type)	179 kg (395 lbs)
Frame	Frame type	Diamond
	Front suspension	Telescopic fork
	Front wheel travel '90-'93:	140 mm (5.5 in)
	After '93:	130 mm (5.1 in)
	Rear suspension	Swingarm, Pro-link
	Rear wheel travel	130 mm (5.1 in)
	Rear damper	Gas-filled damper
	Front tire size	120/70 VR17-V250, 120/70 ZR17
E .	Rear tire size	170/60 VR17-V250, 170/60 ZR17
	Tire brand	
	(Bridgestone) FR/RR '90:	CYROX-19F/CYROX-16F
	After '93:	BT54F RADIAL G/BT54R RADIAL G
	(Dunlop) FR/RR '91-'93:	
	After '93:	D202FN/D202J
	(Michelin) FR/RR '90:	A59X (COO)/M59X (AOO)
	After '93:	A89X/M89X
	Front brake	Hydraulic disc brake
	Rear brake	Hydraulic disc brake
	Caster angle	26°
	Trail length '90-'93:	100 mm (3.9 in)
	After '93:	99 mm (3.9 in)
	Fuel tank capacity '90-'93:	19 lit. (5.0 US gal, 4.2 Imp gal)
	After '93:	21 lit. (5.5 US gal, 4.6 Imp gal)
	Fuel tank reserve capacity	3.5 lit. (0.92 US gal, 0.77 lmp gal)

- General (	ltem	Specifications
Engine	Bore and stroke Displacement Compression ratio Valve train Intake valve opens at 1mm lift	70.0 x 48.6 mm (2.76 x 1.91 in) 748 cm³ (45.6 cu-in) 11.0 : 1 Gear driven DOHC, 4 valves per cylinder
	'90-'93: After '93: (49 state/Ca	15° BTDC 15° BTDC -5° BTDC
	Intake valve closes at 1mm lift '90-'93: After '93: (49 state/Ca (California)	35° ABDC
	Exhaust valve opens at 1mm lift '90-'93: After '93: (49 state/Ca (California) Exhaust valve closes at 1mm lift	40° BBDC 35° BBDC 45° BBDC
	'90-'93: After '93: (49 state/Ca (California)	10° ATDC 10° ATDC -5° ATDC Forced pressure and wet type
	Oil pump type Cooling system Air filtration Crankshaft type	Trochoid Liquid cooling system with cooling fan Paper filter Unit-type, 4 main journals
	Engine weight (dry) '90	79 kg (174 lbs) 76.5 kg (169 lbs) # 1-180° -# 3-270° -# 2-180° -# 4-90° -# 1 4 cylinders, 90°V  LEFT #3  RIGHT #4  FRONT
Carburetor		Constant Venturi'93: 36 mm (1.4 in)'93: 34 mm (1.3 in)
Drive train	Clutch system Clutch operation system Transmission Primary reduction Secondary reduction Third reduction Final reduction Gear ratio 1st Gear ratio 2nd Gear ratio 3rd Gear ratio 4th Gear ratio 5th Gear ratio feth Gear ratio reverse Gearshift pattern	Wet, multi-plate Hydraulic 6-speeds, constant-mesh 1.939 (64/33)  2.6875 (43/16) 2.8461 (37/13) 2.0625 (33/16) 1.6315 (31/19) 1.3333 (28/21) 1.1538 (30/26) 1.0357 (29/28)  Left foot operated return system 1-N-2-3-4-5-6
Electrical	Ignition system Starting system Charging system Regulator/rectifier Lighting system AC regulator type	Full transistor ignition Electric starter motor Triple phase output alternator SCR shorted/triple phase, full-wave rectification Battery ———

#### General Information

Unit: mm (in) Lubrication Standard Service limit Item 2.9 \( (3.1 US qt, 2.6 Imp qt) Engine oil capacity at draining 4.0 \( \ell \) (4.2 US qt, 3.5 Imp qt) at disassembly '90-'93: 3.8 ℓ (4.0 US qt, 3.3 Imp qt) After '93: 3.1 \( (3.3 US qt, 2.7 Imp qt) at oil filter change Use Honda 4-stroke oil an equivalent. Recommended engine oil OIL VISCOSITIES API service classification SF or SG. The viscosities shown in the chart may be used when the average temperature in your riding area is within the indicated range. -10 490-588 kPa (5.0-6.0 kg/cm<sup>2</sup>,71.1-Oil pressure at oil pressure switch 85.3 psi) 0.10 (0.004) 0.15 (0.006) Oil pump rotor tip clearance ① body clearance 2 0.15-0.22 (0.006-0.009) 0.35 (0.014) 0.02-0.07 (0.001-0.003) 0.10 (0.004) end clearance 3

Fuel system

Carburetor identification number		
(49 state type) '90-'91: VDJ	IRΔ	
'92-'93: VDJ		
After '93: VP3		
(California type) '90-'91: VDJ		
'92-'93: VDJ		
After '93: VP3		
(Canada type) '90-'91: VDJ		
'92-'93: VDJ		
After '93: VP3		
Main jet '90-'93:   #13		-
	25 (49 state/Canada type)	-1.000000
	nt: #128/	
	ar: #125 (California type)	
(High altitude)		
(2,3)		
(1,4)		
Slow jet (49 state/Canada type) # 40	·O	
(California type) '90-'93: #38	8	
After '93:   # 40	0	
Jet needle position		<del></del>
Pilot screw initial opening See	e page 6-22	
Pilot screw high altitude adjustment See	page 6-24	<del></del>
Pilot screw final opening See	e page 6-22	
Air screw initial opening		
Air screw high altitude adjustment		
Float level	(0.35)	<del></del>
After '93:   13.7	.7 (0.54)	<del></del>
Carburetor vacuum difference With	thin 20 mmHg (0.8 inHg)	40 mmHg
		(1.6 inHg)
Base carburetor (For carburetor synchronization)		
1	.2 carburetor	
	.1 carburetor	
	000 ± 100 rpm	
After '93:   1,10	100 ± 100 rpm	
(California type) 1,20	200 ± 100 rpm	
(Canada type) 1,00	000 ± 100 rpm	
Throttle grip free play	6 (0.08-0.24)	
Accelerator pump clearance	<del></del>	
Pulse secondary air injection (PAIR) control valve 360	0 mmHg (14.2 inHg)	
vacuum pressure (U.S.A. only)		

Cylinder head		Unit: mm (in)
Item	Standard	Service limit
Cylinder compression	1.373 kPa (14.0 kg/cm², 199 psi)/400 rpm	
Cylinder compression difference	Within 30 mmHg (1.2 inHg) of each other	
Valve clearance IN	0.13-0.19 (0.005-0.007)	l —
(cold) EX	0.22-0.28 (0.009-0.011)	
Cylinder head warpage		0.1 (0.004)
Cam lobe height ① IN (49 state/Canada type)	36.280-36.440 (1.4283-1.4346)	36.25 (1.427)
(California type)	33.980-34.140 (1.3378-1.3441)	33.95(1.3366)
EX (49 state/Canada type) '90-'93:	36.370-36.530 (1.4319-1.4382)	36.34 (1.431)
After '93:		36.04 (1.419)
(California type) '90-'93:	35.270-35.430 (1.3886-1.3949)	35.24(1.3874)
After '93:	35.470-35.630 (1.3965-1.4028)	35.44(1.3953)
Camshaft runout ②		0.05 (0.002)
Camshaft oil clearance	0.020-0.062 (0.0008-0.0024)	0.10 (0.004)
HOLD HOLD		
Camshaft journal O.D.	24.949-24.970 (0.9822-0.9831)	24.94 (0.982)
Camshaft holder - Cylinder head I.D.	25.000-25.021 (0.9843-0.9851)	
Valve stem O.D. IN	4.475-4.490 (0.1762-0.1767)	4.465 (0.1758)
EX	4.465-4.480 (0.1758-0.1764)	4.455 (0.1754)
Valve guide I.D. IN	4.500-4.512 (0.1772-0.1776)	4.562 (0.1796)
EX	4.500-4.512 (0.1772-0.1776)	4.612 (0.1816)
Stem-to-guide clearance IN EX	0.010 - 0.037 (0.0004 - 0.0015) 0.020 - 0.047 (0.0008 - 0.0019)	0.07 (0.0028)
Valve guide projection above cylinder head (h) IN EX	15.30-15.50 (0.602-0.610) 15.30-15.50 (0.602-0.610)	_
Before guide installation:  1. Chill the valve guides in the freezer section of a refrigerator for about an hour.  2. Heat the cylinder head to 100-150 °C (212-300°F).		
Valve seat width IN	1.0 (0.04)	1.5 (0.06)
EX	1.0 (0.04)	1.5 (0.06)
Valve spring free length Inner	34.2 (1.35)	32.5 (1.28)
Outer	38.1 (1.50)	36.2 (1.43)
inner IN		
inner EX	·	<del>-</del>
outer IN		
outer EX	<del></del>	
Rocker arm I.D. IN		
EX Rocker arm shoft O.D. IN		
Rocker arm shaft O.D. IN		
EX Rocker arm-to-rocker arm shaft clearance		
Valve lifter O.D.	25 078 25 002 /1 0228 1 0223	DE 060 /4 000 41
Valve lifter bore I.D.		25.968 (1.0224)
	26.010-26.026 (1.0240-1.0246)	26.04 (1.025)
Hydraulic lash adjuster assist spring free length Hydraulic lash adjuster compression stroke with kerosene		
Trydraulic lasti adjuster compression stroke with kerosene		

- Cylinder/piston			
ltem	Standard	Service limit	
Cylinder I.D.	70.000-70.015 (2.755-2.756)	70.10 (2.759)	
Cylinder out of round		0.10 (0.004)	
Cylinder taper		0.10 (0.004)	
Cylinder warpage		0.10 (0.004)	
Piston mark direction	With "IN" mark facing to the intake side		
Piston O.D. (D)	69.970-69.990 (2.755-2.756)	69.85 (2.750)	
Piston O.D. measurement point (H)	10 (0.4)		
Piston pin hole I.D. (d)	17.002 – 17.008 (0.6694 – 0.6696)	17.02 (0.670)	
В			
Cylinder-to-piston clearance		<del></del>	
Piston pin O.D.	16.994-17.000 (0.6691-0.6693)	16.98 (0.669)	
Piston-to-piston pin clearance	0.002-0.014 (0.0001-0.0005)		
Connecting rod-to-piston pin clearance	0.016-0.040 (0.0006-0.0020)		
Top ring-to-ring groove clearance	0.015-0.050 (0.0006-0.0019)	0.10 (0.04)	
Second ring-to-ring groove clearance	0.015-0.045 (0.0006-0.0018)	0.10 (0.004)	
Top ring end gap	0.20-0.35 (0.008-0.014)	0.5 (0.02)	
Second ring end gap	0.35-0.50 (0.014-0.020)	0.7 (0.03)	
Oil ring (side rail) end gap	0.20-0.80 (0.008-0.031)	1.00 (0.039)	
Top ring mark	Install with the marked side up		
Second ring mark	Install with the marked side up		

		<u> </u>	
r Crankshaft		Yes 100 and 10	
Connecting and small end I.D.		17.016-17.034 (0.6699-0.6706)	17.04 (0.671)
Connecting rod big end side clearance		0.10-0.30 (0.004-0.012)	0.40 (0.016)
radial clearance			
Crankshaft runout ①			0.05 (0.002)
HOLD			
Crankpin oil clearance		0.030-0.052 (0.0012-0.0020)	0.08 (0.003)
Connecting rod bearing selection		See page 11-9	
Main journal oil clearance	′90–′93:	0.023-0.045 (0.0009-0.0018)	0.06 (0.002)
	After '93:	0.019-0.037 (0.0007-0.0015)	0.05 (0.002)
Main journal bearing selection		See page 11-8	

- Starter system	1000101010	
Starter motor brush length	12.0-13.0 (0.47-0.51)	6.5 (0.26)
Starter clutch driven gear O.D.	47.175 – 47.200 (1.8573 – 1.8583)	47.16 (1.857)
Kickstarter pinion gear I.D.		
Kickstarter spindle O.D.		<del></del>
Kickstarter idle gear I.D.		
Countershaft O.D. at kickstarter idle gear		<del></del>
Kickstater idle gear bushing O.D.		l ——
I.D.		

Transmission		Unit: mm (in)
Transmission Item	Standard	Service limit
Transmission gear I.D. M5 M6 C2 C3 C4	28.000-28.021 (1.1024-1.1032) 28.000-28.021 (1.1024-1.1032) 31.000-31.016 (1.2205-1.2211) 31.000-31.016 (1.2205-1.2211) 31.000-31.016 (1.2205-1.2211)	28.04 (1.104) 28.04 (1.104) 31.04 (1.222) 31.04 (1.222) 31.04 (1.222)
Transmission gear bushing O.D. M5  M6  C2  C3  C4  Transmission gear bushing I.D. M5	27.959-27.980 (1.1007-1.1016) 27.959-27.980 (1.1007-1.1016) 30.970-30.995 (1.2193-1.2203) 30.950-30.975 (1.2185-1.2195) 30.950-30.975 (1.2185-1.2195) 24.985-25.006 (0.9834-0.9845)	27.94 (1.010) 27.94 (1.010) 30.95 (1.219) 30.93 (1.218) 30.93 (1.218) 27.94 (1.010)
C2 C3 C4	28.000-28.021 (1.1024-1.1032) 27.995-28.016 (1.1022-1.1029)	28.04 (1.104) 28.04 (1.104)
Gear-to-bushing clearance at M5 gear at M6 gear at C2 gear at C3 gear at C4 gear Mainshaft O.D. at M5 gear bushing	0.020-0.062 (0.0008-0.0024) 0.020-0.062 (0.0008-0.0024) 0.005-0.046 (0.0002-0.0018) 0.025-0.066 (0.0001-0.0026) 0.025-0.066 (0.0001-0.0026) 24.959-24.980 (0.9826-0.9835)	   24.95 (0.982)
Countershaft O.D. at C2 gear bushing	27.967-27.980 (1.1011-1.1016)	27.96 (1.101)
Gear-to-shaft clearance Gear bushing-to-shaft clearance at M5 gear at C2 gear at C3 gear at C4 gear	0.005-0.047 (0.0002-0.0019) 0.020-0.054 (0.0008-0.0021) 0.015-0.049 (0.0006-0.0019) 0.015-0.049 (0.0006-0.0019)	
Shift fork claw thickness L C R Shift fork I.D. L C R	6.43-6.50 (0.253-0.256) 6.43-6.50 (0.253-0.256) 6.43-6.50 (0.253-0.256) 14.016-14.034 (0.5518-0.5525) 14.016-14.034 (0.5518-0.5525) 14.016-14.034 (0.5518-0.5525)	6.40 (0.252) 6.40 (0.252) 6.40 (0.252) 14.043 (0.5529) 14.043 (0.5529) 14.043 (0.5529)
Shift fork shaft O.D.	13.973 – 13.984 (0.5501 – 0.5506)	13.965 (0.5498)

Clutch system Item	Standard	Service limit
Clutch lever free play	10-20 (0.4-0.8)	<del></del>
Recommended clutch fluid	DOT4	
Clutch master cylinder I.D.	14.000 - 14.043 (0.5512 - 0.5529)	14.06 (0.553)
Clutch master piston O.D.	13.957 – 13.984 (0.5495 – 0.5506)	13.94 (0.549)
Clutch slave cylinder I.D.	35.700 - 35.762 (1.4055 - 1.4079)	35.78 (1.409)
Clutch slave cylinder piston O.D.	35.650 - 35.675 (1.4035 - 1.4045)	35.63 (1.403)
Clutch outer guide I.D.	24.995-25.012 (0.9841-0.9847)	25.08 (0.987)
Clutch spring free length	44.4 (1.75)	41.2 (1.62)
Clutch disc thickness A	2.92-3.08 (0.115-0.121)	2.5 (0.10)
B (Judder spring side)	2.92-3.08 (0.115-0.121)	2.5 (0.10)
С		
Clutch plate warpage		<del></del>
Centrifugal clutch drum I.D.		
bushing O.D.		
Centrifugal clutch center guide I.D.	<del></del>	
O.D.		
Centrifugal clutch center guide collar height		<del></del>
Centrifugal clutch weight lining thickness		
Centrifugal clutch spring free length		<del></del>
Clutch lining thickness		
Crankshaft O.D. at clutch center		·

Cooling system		
Cooling capacity (Radiator and engine)	2.3 ℓ (0.61 US gal, 0.51 Imp gal)	
(Reserve tank)	0.3 £ (0.08 US gal, 0.07 Imp gal)	
Radiator cap relief pressure	93-123 kPa (0.95-1.25 kg/cm², 14-18 psi)	
Thermostat begins to open	80-84°C (176-183°F)	
Thermostat fully open	95°C (203°F)	
Thermostat valve lift	8.0 (0.315) min.	

— Drive train —————		
Recommended final drive oil		
Final drive gear oil capacity at disassembly	<del></del>	
at draining	<del></del>	
Final drive gear backlash		
Ring gear-to stop pin clearance (A)	<del></del>	
Stop pin shim		
Ring gear spacer		<del></del>
Pinion spacer	<del></del>	
Output gear backlash	<del></del>	
Output gear I.D.		
Output gear bushing O.D.		<del></del>
I.D.		<del></del>
Output drive shaft O.D.		-
Output gear damper spring free length		J ——
Output shaft adjustment shim		
Countershaft drive shaft adjustment shim		

#### General Information

Wheels/tires Item		Standard	Service limit
Minimum tire tread depth (FR)			1.5 (0.06)
(RR)			2.0 (0.08)
Cold tire pressure Rider only (FR)		250 kPa (2.50 kg/cm², 36 psi)	
Rider only (RR)		290 kPa (2.90 kg/cm², 42 psi)	
Rider and passenger (FR)		250 kPa (2.50 kg/cm², 36 psi)	<del></del>
Rider and passenger (RR)		290 kPa (2.90 kg/cm², 42 psi)	7 T V Bar 14 78 ha
Front and rear axle runout			0.2 (0.01)
Front and rear wheel runout (Radial)			2.0 (0.08)
(Axial)		<del></del>	2.0 (0.08)
Front wheel hub-to-rim distance			
Front wheel hub standard surface			<del></del>
Rear wheel hub-to-rim distance			
Rear wheel hub standard surface			-
Wheel balance weight (FR/RR)			60 g (2.1 oz)
Drive chain slack		15-25 (0.6-1.0)	40 (1.6)
Drive chain size/link (DID)	'90-'93:	DID50VA6-122	
	After '93:	DID50V4-122	
(RK)	<b>'</b> 90–'93:	RK50HFO-122	THE PARK SOLVER
	After '93:	RK50MF0Z1-122	

Front suspension			
Front spring free length	'90-'91:	413.6 (16.28)	405.3 (15.96)
· ·	<b>′92–′93</b> :	427.1 (16.81)	418.5 (16.48)
	After '93:	340.2 (13.39)	330.0 (13.0)
Front spring free length A			
В			
Fork spring direction		Tightly wound coil end facing down	
Fork tube runout			0.2 (0.01)
Recommended fork oil		Pro Honda Suspension Fluid SS-7	
Fork oil level (49 state/California type)	′90−′91:	175 (6.89)	
	<b>′92−′93</b> :	178 (7.01)	
	After '93:	177 (6.97)	
(Canada type)	′90−′91:	187 (7.36)	
	′92–′93:	178 (7.01)	
	After '93:	177 (6.97)	
Fork oil level (R)			
(L)			
Fork oil capacity (49 state/California type)	′90 <b>–</b> ′91:		
	'92 <b>–</b> '93:	386 cc (13.1 US oz, 13.5 lmp oz)	
	After '93:	412 cc (13.9 US oz, 14.5 lmp oz)	
(Canada type)	′90−′91:	394 cc (13.3 US oz, 13.8 lmp oz)	
	′92−′93:	386 cc (13.1 US oz, 13.5 lmp oz)	
	After '93:	412 cc (13.9 US oz, 14.5 lmp oz)	
Fork oil capacity (R)			
(L)			
Fork air pressure			
Fork spring preload adjuster standard position (After '91)		3rd position from the top	
		STANDARD	
Steering bearing preload		0.1-0.15 kg	

Full download: http://manualplace.com  Rear suspension	n/download/ho	onda-vfr750f-90-96-repair-manual/	Unit: mm (in
Item		Standard	Service limit
Shock absorber spring free length	′90–′91:	195.3 (7.69)	191.4 (7.54)
	′92−′93:	184.8 (7.28)	181.1 (7.13)
	After '93:		
Shock absorber spring free length (R)			
(L)		-	
Damper gas pressure			
Damper compressed gas			
Damper rod compressed force at 10mm (0.4 in) of	compressed		
Damper drilling point for disposal	·	20 mm (0.8 in) from the top surface	
Shock absorber spring installed length (Stan	20 mm (0.8 in) dard) '90-'91: '92-'93: After '93:	181.9 (7.16) 171.4 (6.75)	
Shock absorber spring compression adjuster	range	LOW-STD-MIDDLE-HIGH POSITIONS	
Shock absorber spring direction		With tapered end facing upper	
		spring seat.	
Recommended shock absorber oil			
Shock absorber oil capacity			
air pressure			
Compression adjuster standard position		12 clicks from lowest position	
Rebound adjuster standard position	<b>'</b> 92–'93:	1-1/8 turn from hardest position	
	After '93:	1 turn from hardest position	

